



**REQUEST FOR TRANSMISSION OF PROTECTED HEALTH INFORMATION BY NON-SECURE MEANS**

I, \_\_\_\_\_  
(name of client)

**AUTHORIZE: Polaris Counseling**

**800 W. 5<sup>th</sup> Avenue, Suite 205I  
Naperville, IL 60563**

TO TRANSMIT TO ME BY NON-SECURE MEDIA THE FOLLOWING TYPES OF PROTECTED HEALTH INFORMATION RELATED TO MY HEALTH RECORDS AND HEALTH CARE TREATMENT (check all that apply):

- Information related to the scheduling of meetings or other appointments
- Information related to billing and payment (but not to include any financial or claims-related identifiers including, but not limited to, credit card numbers, insurance plan numbers, diagnosis codes, or procedure codes.)
- Information related to treatment (included, but not limited to, diagnosis, assessment, treatment plan, case notes and dates of service)

**TERMINATION**

- This authorization will terminate \_\_\_\_\_ days after the date listed below.
- OR
- This authorization will terminate when the following event occurs: \_\_\_\_\_.

I have been informed of the risks, including but not limited to my confidentiality in treatment, of transmitting my protected health information by unsecured means. I understand that I am not required to sign this agreement in order to receive treatment. I also understand that I may terminate this authorization at any time.

I understand that \_\_\_\_\_ makes available to me the following means of communication listed below that are designed to be secure and to maintain confidentiality, and I still choose to request and authorize the above-named non-secure means:

- TheraNest Secure Messaging via Client Portal
- Encrypted email (contact@polariscounseling.com)
- Fax (630-753-0942). NOTE: ONLY when you have confirmed office staff are in the office and able to receive fax upon transmission
- Phone (630-779-0751)

\_\_\_\_\_  
Signature of client

\_\_\_\_\_  
Date